

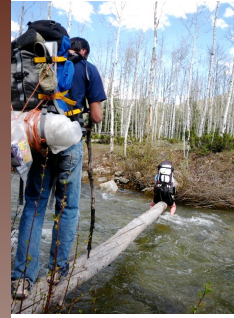
Dear Friends,

Can you imagine an opportunity to encourage and equip fifteen students from twelve states and a variety of campuses- all who are hungry and ready to grow in their relationship with Jesus Christ?! That is exactly what God gave us during the "Crush Fear" project this summer. The Crush Fear project is designed to help students confront and overcome the various physical, social, spiritual, and ministry fears that often render them ineffective in their Christian lives. Our prayer is that these fifteen young men and women will become effective, multiplying disciple-makers for Christ for decades to come.

## CRUSH FEAR 2010



**Evangelism days** Three separate times were set aside for students to hit the streets of Durango, start conversations, and share the Gospel! *"My fears I crushed had more to do with sharing my faith. I think I'll always share my faith with fear and trembling like Paul in the Bible, but I won't be hindered by fear."* -David (WI)



**Backpacking** Not only a challenging backpack trip, but the students had to take turns leading the way! Great endurance and leadership activity. *"Being put in a leadership role on the hike was most challenging."* -Dayna, MO

**Spelunking** An adventure into a pitch black cave with 30 foot crevices! *"It was such a great day just to learn that no matter what we go through, God will always be there, no matter how dark and backed up we get, God will always be there, and when we choose to step out in faith for Gods Glory, God will always be there."* -Scottie (AZ)



**Rappelling** Several were afraid of heights, but this was also a great illustration of faith and trust! *"I almost quit and didn't go down, but I crushed it [fear] and was very proud of myself."* -Kadi (DE)

CRUSH FEAR

**Sharing testimonies** Each of the students prepared their testimony and shared it in front of a local church! Several of the students were terrified to do this but all of them walked through this fear and encouraged the local churches! When asked what activity was the most difficult for her, *Lindsey from MI responded, "Sharing my testimony- public speaking is my biggest fear."*



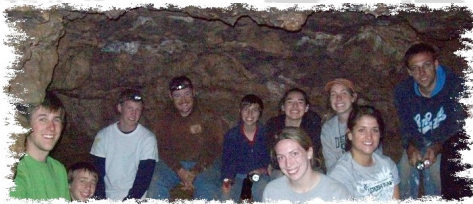
**24 hour "solo" in the woods** This was a fear for virtually all of the students, but the main purpose was for each of them to be still before God and connect with Him without any distractions! *"It was so amazing to have an entire 24 hours to devote to God and just intently listening to Him as He spoke to my heart out in the wilderness."* -Michelle (ND)

The Crush Fear project was also packed full of Biblical talks, training, and discussion on so many of the crucial areas needed for living in courage and freedom in Christ. On the first night Kyle laid the foundation on what it means to fear God. Other key topics hit were living a Spirit-filled life, living by faith, identity, relational fears, evangelism, discipleship, etc.

*"There has been provided many tools and resources to start Bible studies and train disciples. I feel very prepared to reach my campus."* -Paul (WI)

*"I feel more free now than I have ever felt before"* -Katie (VA)

**Other challenges included:** **"Soul to Soul" Small Groups:** A time for everyone to confront the fear of vulnerability and get to know each other on a deeper level. **Confrontation:** We lovingly confronted local grocery store managers about crude magazines. **Teaching:** Each one prepared a short lesson on God's character to present in front of a group of their peers. **Raising Money:** The students got on the phone and raised over \$1400 for the 10/40 window! **Whitewater Rafting:** Rafting on the animas river!



The Crush Fear project took the hard work and energy of all our staff to pull off, but when we consider how much these students grew, it was totally worth it! **We are so thankful for your heart to see these students reached for Christ!**

*Jesse, Rhonda + Shelby*